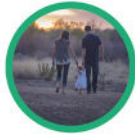


HERE IS WHAT OUR PARENTS SAY:



"I enjoy having someone available to listen to my concerns and help me find resources. My home visitor is a supportive, positive person who is there with me on a regular basis to watch my child grow and learn."

"I am so appreciative of the warm, loving support that has been given to us this past year. I am grateful for the kindness, knowledge and shared information. I feel as though I am definitely being supported as a single mom."



"The best part of Healthy Families is the support. My home visitor connected us with resources and provided helpful information on child development. I feel like we are in this together!"

Healthy Families Locations

Winona
601 Franklin Street
Winona, MN 55987
(507) 453-9563

La Crosse
811 Monitor Street
La Crosse, WI 54601
(608) 785-0001

Viroqua
1321 North Main Street
Viroqua, WI 54665
(608) 637-7052

Visit us online at fcconline.org
Learn more about Healthy Families:



Family & Children's Center is grateful to the hundreds of partners who support the Healthy Families program including these major sponsors.

Credentialed as a
Healthy Families America site



Helping parents and children grow together!



WHAT CAN HEALTHY FAMILIES DO FOR ME?

Healthy Families is rooted in the belief that early, nurturing relationships are the foundation for life-long, healthy development. Staff provide support and encouragement to new parents by recognizing their strengths and sharing information.

Here are some of the areas we provide support:

- Cultivate and strengthen nurturing parent-child relationships.
- Provide transportation to appointments.
- Promote healthy childhood growth and development.
- Find and use community resources.
- Promote safe environments for children and families.
- Reduce stress.



WHO CAN ENROLL?

Parents who live in Winona, Houston, and Olmsted Counties are eligible to enroll in Healthy Families during pregnancy or until the baby reaches three months of age.

We meet with parents in the home, in the community or at our office — wherever it is most comfortable and convenient.



Healthy Families is committed to supporting families as long as they feel a need for the program. We are able to provide support to enrolled families, at no cost, for up to five years.

WHAT ELSE DOES HEALTHY FAMILIES DO?

We provide developmental screening, preparing the child for school readiness.

We have fun get-togethers connecting parents and families.

We also offer a Newborn Observation session to each new family. This helps parents discover their baby's unique strengths and needs.



HOW DO I GET STARTED?

Families are referred through hospital visits and other community agencies. Families can also self-refer.

We are excited to support families through pregnancy and the beginning of a child's life!

Please give us a call at (507) 453-9563 and ask for the Healthy Families supervisor, or email HFreferral@fccnetwork.org.